

**In the Abstract:**

Medical skin patches for treating colds by releasing essential oils through evaporation ~~comprise~~ comprising a backing layer permeable to gas and water vapour and a hydrophile and pressure-sensitive adhesive polymer matrix connected to the backing layer. ~~thereto, said~~ The matrix contains ~~containing the following:~~ at least one essential oil, at least one hydrophile polymer, at least one substance having an adsorbent effect or/and at least one substance having an emulsifying effect, and at least one pressure-sensitive adhesive polymer~~[[, with]].~~ ~~[[the]]~~ The water content of ~~[[said]]~~ the matrix is ~~[[being]]~~ less than 5% by weight, ~~preferably or even~~ less than 1% by weight.